Approved

Regular Meeting
Health Plan/Cafeteria Plan Review Committee
January 15, 2013, 9:00 a.m.
New City Hall Conference Room

Kizarr called the meeting to order at 9:00 am.

I. Roll Call

Members Present: Bruce Kizarr, Cindy Ehlers, Traci Hushbeck, Bob Bigham, Rusty Whisenhunt, Albert Ozuna, Doug Stamper
Members Absent: Clay Houseman, Alberto Talavera, Kenny Lindsey, Scott Kisner,
Others Present: Chris Engelman (BCBS), Sherry Anderson (Acting HR Director), Dena Stone (BCBS), Krystal Urbanski and Glynn Preast (Fiscal Tech), Tanya Riley (HR Generalist), Luann Yarberry (Higginbotham)

II. Minutes

Motion by Hushbeck with a second by Bigham to approve the November 20, 2012 minutes. Ayes: all Nayes: none Motion carried.

III. Review Reports

Urbanski and Preast went over the financial information and included the following information for the health committee members:

Supplemental Bank Reconciliation

Bank balance at 12/31/2012	$	988,863.93
Transactions to date:	$	257,103.52
Cleared Checks	$	-
Outstanding Claims	$	529,058.83
Deposit in Transit	$	303,737.62
Adjusted Balance at 1/14/2013	$	1,020,646.24 *

*this balance does not reflect the actual amount of available funds in this account. It is only informational in nature and only for the use of the health committee. This is a compilation of all known outstanding debts and revenues for this account to date.

IV. Old Business - none

V. New Business

A. Discussion of 2013 Well on Target Wellness & Care Management

Stone stated that Well onTarget launch date is delayed to January 22, 2013. Currently members still have access to the old health risk assessment and claims information. Possibly for the March meeting, Stone said they could do a demo of the site. Stone reminded the committee on the Campaign Manager that the full service reps can do regarding reminders to members when they call in on such things as taking the health risk assessment online, topic awareness (diabetes, condition management, heart disease), email campaigns. Stone also brought examples to the committee of the various flyers/payroll stuffers that they can provide the City.

B. Wellness Committee year in review

Riley stated that David Stewart (Higginbotham, helps City Wellness committee) had a few highlights that he wanted Riley to mention. The first challenge done was Get Moving and the committee had 77 participants and 31 met the challenge goal of min 150 minutes per week of activity. Collectively, participants logged over 12000 minutes of activity. The second challenge was Hydration with 58 participants and 48 met the challenge goal of at least 320 oz of water per week. Overall participants drank over 25000 oz of water. For 2013, the committee is going to tackle stress management, weight management and tobacco cessation. The committee will be putting out pay check stuffers (flyers) and newsletters. The committee selected a Deer Oaks eap class that will be offered along with the quarterly safety classes regarding stress management. Hydration challenge awards will be handed out to participants.

VI. Comments/Communication

A. Next regularly scheduled meeting will be held March 19, 2013

Higginbotham will have the bids regarding health/dental, life, supplemental that the committee will review.

PVCS payroll deductions will continue through the end of June 2013. After that, all connections with PVCS will stop.

VI. Adjournment

Motion by Hushbeck with second by Bigham to adjourn at 9:47 am.

Ayes: all Nayes: none Motion approved.