

MINUTES
Special Meeting
Health & Wellness Committee

Tuesday, August 13, 2024, at 2:00pm
3rd Floor Conference Room - City Hall – 212 SW 9th Street

The agenda for the Special meeting was posted on the bulletin board at City Hall in compliance with the Oklahoma Open Meeting Act. Meeting was called to order at 2:06pm.

I. Roll Call

Members Present:

Charlotte Brown
Wade Lewis
Christine James
Kaitlin Nunley
Charles Criger
Ashley Glaze-Lyle

Members Absent:

Clayton Houseman**
David Raynor**
David Wood**
Jackie Somerlott**
Kristen Fitzpatrick*
John Schwenk*
Heath Want*
Tanya Organ*
Chad Meyer*
Megan Loftis*

* Excused
** Unexcused

Others Present:

Michelle Crouse
Tiffany Bechtel

II. New Business

- a. Discuss Health Fair – Charlotte (Take action as necessary)

Charlotte discussed having other members of the committee helping with Health Fair. Ashley Glaze-Lyle and Christine offered to help pick up donations. Christine suggested sending an email out to all members to get a schedule made for the day of event. Michelle mentioned she would not be able to work the event from start to finish. Michelle also mentioned that Brodrick would help her set up table the night before and get them labeled. Charles Criger offered to pick up the water from Sam's club. Ashley mentioned she would help in the morning at the sign in table. Michelle can be there in the morning and right before it ends.

No Action Needed

- b. Discuss new sub-committee - Tiffany (Take action as necessary)

Tiffany Bechtel discussed starting a new sub-committee. Tiffany and DaLynna Wood will be the leaders of this sub-committee. She handed out an informational sheet that described what the club is about and some rules and guidelines. They already have John's approval and he suggested this be a sub-committee of the Health and Wellness. This will take place in the Banquet room on the last Friday of every month during lunch from 12:00pm-1:00pm. Tiffany will provide a sign in sheet and this club will count towards the stress challenge in the Incentive program. The sub-committee will consist of Tiffany, DaLynna, Michelle and Ashley. All employees are welcome to attend as long as they do not break any of the rules. Tiffany is making a memo for John to approve. The first meeting will be September 27, 2024.

Kaitlin Nunley made motion to approve. Wade Lewis made motion to second.

III. Comments/Communication

Next Meeting scheduled for September 11th at 9:00am.

IV. Adjournment

Christine James made motion to adjourn at 9:39 am, Charles Criger made motion to second.

