# MINUTES

## Health & Wellness Committee

Wednesday, November 8, 2023, at 9:00am
3rd Floor Conference Room - City Hall – 212 SW 9th Street

The agenda for the Regular meeting was posted on the bulletin board at City Hall in compliance with the Oklahoma Open Meeting Act. Meeting was called to order at 9:00am.

## I. Roll Call

Members Present:

Charlotte Brown
Christy James
Kaitlin Nunley
Wade Lewis
John Schwenk
Chad Meyer
Megan Loftis
Tanya Organ
Kristen Fitzpatrick

Members Absent:

Clayton Houseman**
David Raynor**
Charles Criger*
Heath Want*
Ashley Glaze-Lyle*
David Wood*
Jackie Somerlot*

* Excused
** Unexcused

Others Present:

Michelle Crouse
Craig Akard

## II. Approve Minutes from the Regular Meeting on May 10th, 2023.

**Wade Lewis made motion to approve. Kaitlin Nunley made motion to second.**

## III. Old Business

a. Appoint Vice Chair (Take action as necessary)

Discussed members to elect for Vice Chair. Kaitlin voted Wade as Vice chair.

**Motion made by Kaitlin Nunley and second by John Schwenk.**

b. Discuss Brokers meeting with time and dates (Take action as necessary)

Craig discussed both proposals for brokers. Higginbotham and Insurica both had the same proposal. This is available in open records. Several items were mentioned to include What other companies are under Insurica, Craig mentioned Midwest Shawnee Entertainment. Insurica will more than likely push for PVCS. Higginbothams other clients include Stonegate and other major Texas groups. Megan mentioned writing a letter on behalf of Higginbotham to keep them as brokers for the new 2024 year, after further discussion Charlotte suggested to stay with Higginbotham.

**Motion made by John Schwenk and second by Wade Lewis.**

c. Discuss wellness incentive program premium charges (Take action as necessary)

Craig discussed the possibility of a discounted premium cost for those who get their annual physical or adding a premium charge to those who do not participate. Wade asked where the money would go. Charlotte said it would go back into the Health and Wellness fund. Tabled until after the first of the year.

**No motion needed.**

d. Discuss Tobacco Premium Charge (Take Action as Necessary)

Discussed ideas to promote a healthy lifestyle and to start a premium charge for Tobacco users. This could be any charge we vote. If employees complete a program to stop smoking the charge will be waived and the previous amount paid, will be returned. Tabled until after the first of the year.

**No motion needed.**

e. Consider approving proposed annual meeting notice for calendar year (Take Action as Necessary)

Michelle handed out notice.

**John Schwenk made motion and second by Christy James.**

f. Discussed and follow up on changes and modifications to Wellness Incentive 100.00 program (including current participation numbers) (Take Action as necessary)

Kaitlin explained there are 47 people participating. 4 people are over 5 points. Kaitlin suggested raising the money to a pot to be split among those who complete the 10 points. Minimum of 100.00 incentive. Craig mentioned following up at the next meeting to see numbers of participation, with the option to increase at a later meeting if needed.

**John Schwenk made motion and second by Wade Lewis.**

g. Discuss adding YMCA to payroll deduct. (Take Action as necessary)

Michelle discussed the option to add YMCA to payroll deduct. Craig suggested it be full amount on the 1st of the month.

**John Schwenk made motion and second by Kaitlin Nunley.**

## IV. Comments/Communication

Next Meeting scheduled for January 10, 2024 13th at 9:00am.

## V. Adjournment

**Wade Lewis made motion to adjourn at 9:53 am, Kaitlin Nunley made motion to second.**