

MINUTES

Health & Wellness Committee

Wednesday, July 8, 2026, at 9:00am

3rd Floor Conference Room - City Hall – 212 SW 9th Street

The agenda for the regular meeting was posted on the bulletin board at City Hall in compliance with the Oklahoma Open Meeting Act. The meeting was called to order at 9:04am.

I. Roll Call

Members Present:

Charlotte Brown
Kaitlin Nunley
Tanya Organ
Heath Want
Kathy Hines
Megan Loftis
Kristen Fitzpatrick
John Schwenk - LATE
Sherry Anderson

Members Absent:

Christine James*
Charles Criger*
Ashley Glaze-Lyle**
Clayton Houseman*
Jason Sellers**

* Excused

** Unexcused

Others Present:

Taressa Macias
Mary Hoskins
Lindsay Neal
Dustin Brand

A quorum was declared.

II. Approve Minutes from the committee meeting June 10, 2026.

Kaitlin Nunley made the motion to approve the minutes; second by Heath Want. No discussion or debate, Kristen Fitzpatrick voted as alternate for Christine James, motion passed.

III. Old Business

None

IV. New Business

Elect 2026-2027 Officer – Chair

Megan Loftis made the motion for Charlotte Brown to remain as Chair; second by Heath Want. No discussion or debate, Kristen Fitzpatrick voted as alternate for Christine James, motion passed.

Elect 2026-2027 Officer – Vice Chair

Kaitlyn Nunley made the motion for Tanya Organ to remain as Chair; second by Heath Want. No discussion or debate, Kristen Fitzpatrick voted as alternate for Christine James, motion passed.

Vote to Discontinue Wellness Incentive for 2026-2027 Fiscal Year

At the 6/10 meeting, it was discussed that participation was down and funds would have to be looked over, but the plan was to discontinue this wellness incentive for the 2026-2027 fiscal year. Voting would need to happen at the 7/8 meeting.

Kaitlin Nunley made the motion to discontinue the wellness incentive; second by Heath Want. No discussion or debate, Kristen Fitzpatrick voted as alternate for Christine James, motion passed.

Discuss Spirit of Survival

It was mentioned that in years past, the city would contribute \$10 – per employee only – toward their Spirit of Survival registration. Charlotte asked HR to draft a memo which will be sent to City Manager, John Ratliff, recommending that the city again pay \$10 per employee up to \$500.

Kathy asked if this incentive would be offered to current employees only or could retirees also participate. Charlotte said they could and to raise the amount to \$750.

Megan let Mary know that she will reach out to Angelina to discuss discount options for employee/retiree registration and to also figure out a date for her to do in-person registrations at City Hall. Megan will CC Mary.

Heath Want made the motion to recommend the city use funds (up to \$750) to help current and retired employees register for Spirit of Survival; second by Kathy Hines. No discussion or debate, Kristen Fitzpatrick voted as alternate for Christine James, motion passed.

V. Comments/Communication

Begin Discussions about the Health Fair

The date is set for Thursday, November 5th from 11:00a – 2:00p.

Charlotte asked if Insurica would supply sandwiches and water again and Lindsey Neal said yes, they would be happy to help.

Mary brought a list of vendors that have been contacted or participated over the last few years plus some new ones that could be contacted. Megan asked that the spreadsheet be put on the P: Drive in a folder so updates could be made directly to it. Mary will also put the invitation letter in there. If someone is interested, they will reach out to Mary.

Taressa let Charlotte know that Candy was setting up a \$5,000 budget for the Health & Wellness committee for the 2026-2027 fiscal year. Of that, \$750 will be used for Spirit of Survival leaving \$4,250 for the Health Fair and any other event that may come up. Charlotte asked that at the August meeting swag items for the fair be voted on and the memo be sent to John for approval after so everything can get ordered without rush. Megan said to also CC Chandra on the memo.

Kaitlin asked if we could ask vendors to make donations for the bags to potentially help with cost and Mary said it is mentioned in the invitation letter that they could donate up to 300 items. Mary also mentioned that she has a connection with the company that previously supplied the bags and she would be reaching out to them for a quote.

Retirees will also get an email about the Health Fair.

Deadline for vendor registration will be October 1, 2026.

Plan Updates from Insurica and Feedback on Open Enrollment

Dustin Brand began by providing the standard plan review report. Since June of 2025 through May of 2026, the gross loss ratio was 107.5%. Of the overall claims, Pharmacy has had 32.4%. Claims associated with medical expenses were about 67.6%.

Subscribers by plan year remain steady. There were 29 large claims above \$50k in 2025. There was a large gross loss ratio decrease from March (107.2%) to April (84.6%) 2026, but a large increase to May (223.0%). As a governmental plan, currently we sit at 107.5% which is much higher than the monthly target percentage of 86%-90%.

Next meeting scheduled for August 12th at 9:00am 3rd Floor Conference Room.

VI. Adjournment

Heath Want made the motion to adjourn; second by Kaitlin Nunley. No discussion or debate, Kristen Fitzpatrick voted as alternate for Christine James, John Schwenk voted as alternate for Charles Criger, motion passed. Meeting adjourned at 9:33am.