

# MINUTES

## Health & Wellness Committee

Wednesday, October 08, 2025, at 9:00am

3rd Floor Conference Room - City Hall – 212 SW 9<sup>th</sup> Street

The agenda for the regular meeting was posted on the bulletin board at City Hall in compliance with the Oklahoma Open Meeting Act. The meeting was called to order at 9:00am.

### I. Roll Call

#### Members Present:

Charlotte Brown  
Tanya Organ  
Christine James  
Heath Want  
Kristin Fitzpatrick

#### Members Absent:

Kaitlin Nunley \*  
John Schwenk\*  
Charles Criger\*  
Chad Meyer\*  
David Wood\*\*  
Megan Loftis\*  
Ashley Glaze-Lyle\*  
Clayton Houseman\*\*  
David Raynor\*\*  
Jackie Somerlott\*\*

\* Excused

\*\* Unexcused

#### Others Present:

Jennifer Schulz  
Craig Akard  
Dustin Brand

**II. Approve Minutes from the committee Meeting on September 10,2025.**

Christy James made a motion to approve. Heath Want made a motion to second.

**III. Old Business**

- a. Approve changes to Admin Policy 3-09 Health and Wellness Committee. (Take action as needed)

Charlotte – I read the minutes and I do not have the word document so we probably need to push this down again.

Christy made a motion to table. Heath made a motion to second.

\*Motion approved.

**IV. New Business**

- a. Discuss Incentive Program updates – Kaitlin Nunley (Take action as needed)

Kristen – Kaitlin said she is still working on getting the information together she just had to prioritize with the auditors being there.

Charlotte – I told people as they come in asking questions just to hang on to documentation. We have the sign-in sheet for Total Wellness so they can get their points there. I told them just to hang on and bear with us. If they participated in thing prior to October I told them it would count. So if people give us stuff we should take it because we are behind.

No action needed.

- b. Discuss Health Fair updates (Take action as needed)

Charlotte stated that Michelle made the map last year so HR should have it, Jennifer stated she could not find it.

Charlotte asked if Jennifer could create one and Christy and Heath volunteered to do it.

Jennifer stated we had 19 vendors attending with 21 possible booths. Some vendors needed more than one booth and Insurica didn't need a booth at all.

Christy asked if that was all on the spreadsheet and Jennifer said "yes".

Tanya – How many did we have last year and what is our goal or how many can we fit?

Charlotte – I think we had 25 las year.

Christy – I think 26 spots, but Aargon needed 2 spots.

Tanya – So we have room if we find more.

Craig – Jennifer, if there are some vendors we haven't heard from, we may want to reach back out to them.

Charlotte – We can do the whole square on the outside and interior square.

Christy – We need tables for the outside to eat because the field guys don't have an office here. We need tables for the sandwiches, tables for check-in and the prize tables. Between Heath and I we will work on the map. Where are we at on prizes?

Jennifer – I will have to ask Kaitlin if she has done the Amazon order. We have Cintas gift cards, a tattoo and electric toothbrush.

Charlotte – What did you send her to order on Amazon?

Heath – We sent her one of those treadmill walking pads.

Christy – I think it was a theragun, maybe a blender bullet, air fryer. We can maybe look at doing a yoga set.

Heath – Maybe a pickle ball set?

Christy – We need to check that list and pull the trigger prey quick so we can have a list of prizes.

Charlotte – Do we have a sign up sheet for people to man the booths?

Christy – I did that last year so I can pull that back up. Also after the Health Fair anybody who made donations, I think we should do thank you cards and even for the vendors that came.

No action needed.

- c. Vote on meeting dates for calendar year 2026 (Take action as needed)

Charlotte – Do you have the dates?

Christy – Is there a meeting notice drafted?

Jennifer – No, I just have what was emailed.

Charlotte – Ok, if you could get a meeting notice drafted with the dates and bring it to next meeting.

Jennifer – Ok.

Christy made a motion to table. Heath made a motion to second.

\*Motion approved.

## **V. Comments/Communication**

Plan updates from our broker team, Insurica.

Dustin – This is the same format that we always give, and the gross loss ratio is 110%. Keep in mind it's just 2 months, July and August. It looks like the highest cost claimant is something related to a thyroid issue. Looks like maybe there was surgery of that person, so it was a 95-to-97-thousand-dollar claim. That's really fueling majority of the cost and again you have only paid 2 months' worth of premiums this plan year so that is why it looks high.

34% of your claims cost is being fueled by 4 large claimants that are noted in the reporting.

Month to month July was 109% gross loss ratio and August was 111%. Hopefully these claims will stabilize as we move forward.

Your enrollment is pretty much stable. If your concerned with claims fluctuation and if that's a problem we can always look at some other programs at the end of the year. I think this is the year that your going to remarket. I will say just as a general state and the industry itself that renewals are higher.

Next meeting scheduled for November 12<sup>th</sup> at 9:00 am 3<sup>rd</sup> Floor Conference Room.

## **VI. Adjournment**

Christy made motion to adjourn at 9:19 am, Heath made motion to second.