

# MINUTES

## Health & Wellness Committee

Wednesday, November 12, 2025, at 9:00am

3rd Floor Conference Room - City Hall – 212 SW 9<sup>th</sup> Street

The agenda for the regular meeting was posted on the bulletin board at City Hall in compliance with the Oklahoma Open Meeting Act. The meeting was called to order at 9:00am.

### **I. Roll Call**

#### Members Present:

Charlotte Brown  
Tanya Organ  
Kaitlin Nunley  
Christine James  
Charles Criger  
Megan Loftis  
Kristin Fitzpatrick

#### Members Absent:

John Schwenk\*  
Chad Meyer\*  
Heath Want\*  
David Wood\*\*  
Ashley Glaze-Lyle\*  
Clayton Houseman\*\*  
David Raynor\*\*  
Jackie Somerlott\*\*

\* Excused

\*\* Unexcused

#### Others Present:

Jennifer Schulz  
Craig Akard  
Lindsay Neal

**II. Approve Minutes from the committee Meeting on September 10,2025.**

Kaitlin Nunley made a motion to approve. Charles Criger made a motion to second.

**III. Old Business**

- a. Vote on meeting dates for calendar year 2026. (Take action as needed)

Charlotte – We do have one change, April 15<sup>th</sup> should be April 8<sup>th</sup>.

Christy made a motion to approve with change from April 15<sup>th</sup> to April 8<sup>th</sup>.  
Charles made a motion to second.

\*Motion approved.

**IV. New Business**

- a. Discuss Incentive Program updates – Kaitlin Nunley (Take action as needed)

Kaitlin – I apologize, I didn't get with Jessica before meeting to see how many people signed up.

Charlotte – I think the list is fairly long.

No action needed.

- b. After action report of Health Fair (Take action as needed)

Christy – Do we know how many people came through?

Jennifer – 219

Charlotte – We had 2 vendors not show up, although at some point OBI came and put business cards down.

Megan – Who else didn't show up?

Charlotte – Legacy Chiropractic didn't show up.

Christy – I think we need to do a better job next year of division of duties earlier on to know whose doing what.

Charlotte – Yes, we can start hitting it in May or June so that we know we have everything covered and that we aren't doing last minute stuff.

Jennifer – Do you guys want to start talking about a date for the next one?

Charlotte – We can, we can start looking for a date for next year. Then we can see if we can get Total Wellness here for the event.

Jennifer – They will be here October 2<sup>nd</sup>.

Kaitlin – Can we do the Health Fair that early? Unless we can get them to reschedule.

Christy – When is Fall break?

Charlotte – probably the week of the 12<sup>th</sup> so we can look at October 21<sup>st</sup>, the week after. I say we put it down tentatively now and when we get into early next year we can start moving into things.

Christy – What about shortening the time? We did 11 to 3, what if we did 11 to 2? I know when I came down at 3 it was empty and done. So if we did it from 11 to 2 we would not ask the vendors to stay any longer when after the lunch crowd it kind of withers out.

Kaitlin – Yes, that will give an hour before and an hour after following lunch time. Because most people are 12 to 1 but it gives that cushion.

Christy – I just hate that the vendors take time out of their schedules and for that last hour they just sit there.

Charles – And some leave early. I saw a couple leave 30 minutes early.

Christy – At least by 2 the lunch people are wrapping up.

Christy – Do we know how the 219 compared to previous years?

Craig – I would say it's a little less, but not much.

Christy – I know we planned for 300 and wasn't sure if that was an over kill but that may still be a good number.

Megan – I was thinking it was 270 last year so maybe that's why the 300.

Charlotte – Craig, did you have any thoughts on the health fair?

Craig – I thought it went well, not as many vendors but we knew that was going to happen.

Christy – I did like that we were able to buy our own prizes and elevate the prize game. Hopefully that will draw people in.

Megan – Where are we at on money for next year since we don't get that money anymore? What our balance is because we are going to have to rock that on as long as we can unless we get it budgeted in. I don't know how much we have to see if we need H/R to ask for money when they do their budget.

Kaitlin – I can look.

Charlotte – Yes, we need to know so Craig can start thinking because budget is about to start coming up.

Craig – Just a suggestion, Jennifer did Total Wellness say that they could not come any other day but October 2<sup>nd</sup>?

Jennifer – No, that's just what he had scheduled when he came, and we did a one-on-one meeting.

Craig – Check with them and see if they can do the date we are picking. I think it will be hard, especially field guys, to come out twice so it will be better if we can get them to come when we want or move ours to when they will be here.

Jennifer – I will talk to them and see

Charlotte - We will put an item on the December meeting to discuss next years health fair and hopefully you will have an answer by then, and then we can lock the date down.

No action needed.

## **V. Comments/Communication**

Plan updates from our broker team, Insurica.

Lindsay – Just our standard monthly report which does have a small amount of good news on it. The last 2 months it has shown over 100%, which is not

ideal but this last bit of data our claims ratio is back to 83%. This is good news and gets us in a better spot and shows us that the rolling 12 months are now under 100 also and is at 96. That is still a little higher but it's under 100 and a step in the right direction. That's the biggest news and it's in your favor and hopefully it continues.

Christy – Last time you said we were going to be looking at a premium increase, right?

Lindsay – December and January were rough and in the news, they are predicting people dropping coverages and someone has to pay for that because people aren't going to stop going to the doctors. We can't know yet but in today's world one should expect an increase.

Charlotte – Any other comments?

Jennifer – I did get a review with Total Wellness if you wanted a copy. The first page is just how many came last year and how many came this year. On the back is where the wellness snapshot is.

Megan – Maybe we can use this to decide the wellness next year to the best we can.

Christy – So we need to come up with some more health incentives to focus on mental health.

Next meeting scheduled for December 10<sup>th</sup> at 9:00 am 3<sup>rd</sup> Floor Conference Room.

## **VI. Adjournment**

Christy made motion to adjourn at 9:28 am, Charles made motion to second.